



Integration of Historical Trauma with Evidence Based Treatment in Urban AI/AN Communities

USET Best Practices Conference
Nashville, TN~ August 15, 2019



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Our Mission

The mission of Native American Lifelines is to promote health and social resiliency within Urban American Indian communities. Native American Lifelines applies principles of **trauma informed** care to provide culturally centered behavioral health, dental, and outreach and referral services.

Who is an Urban Indian?

Urban Indians are tribal members or descendants who are currently living outside of federally-defined tribal lands in U.S. cities.

- government policies that forced relocation in the 1950s
- termination policies that forced assimilation into Non-Native culture

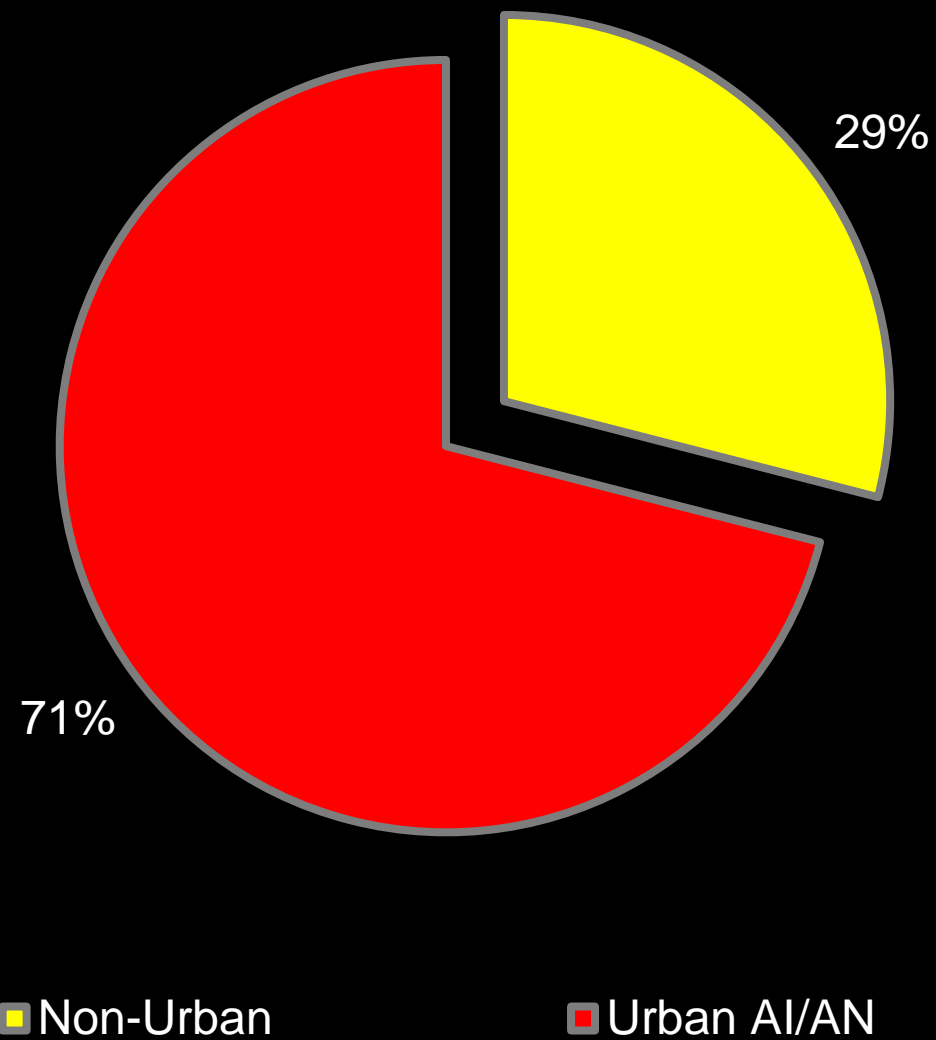
These policies have resulted in long-term health consequences for Urban Indian people.

History of Urban Indian Health Services

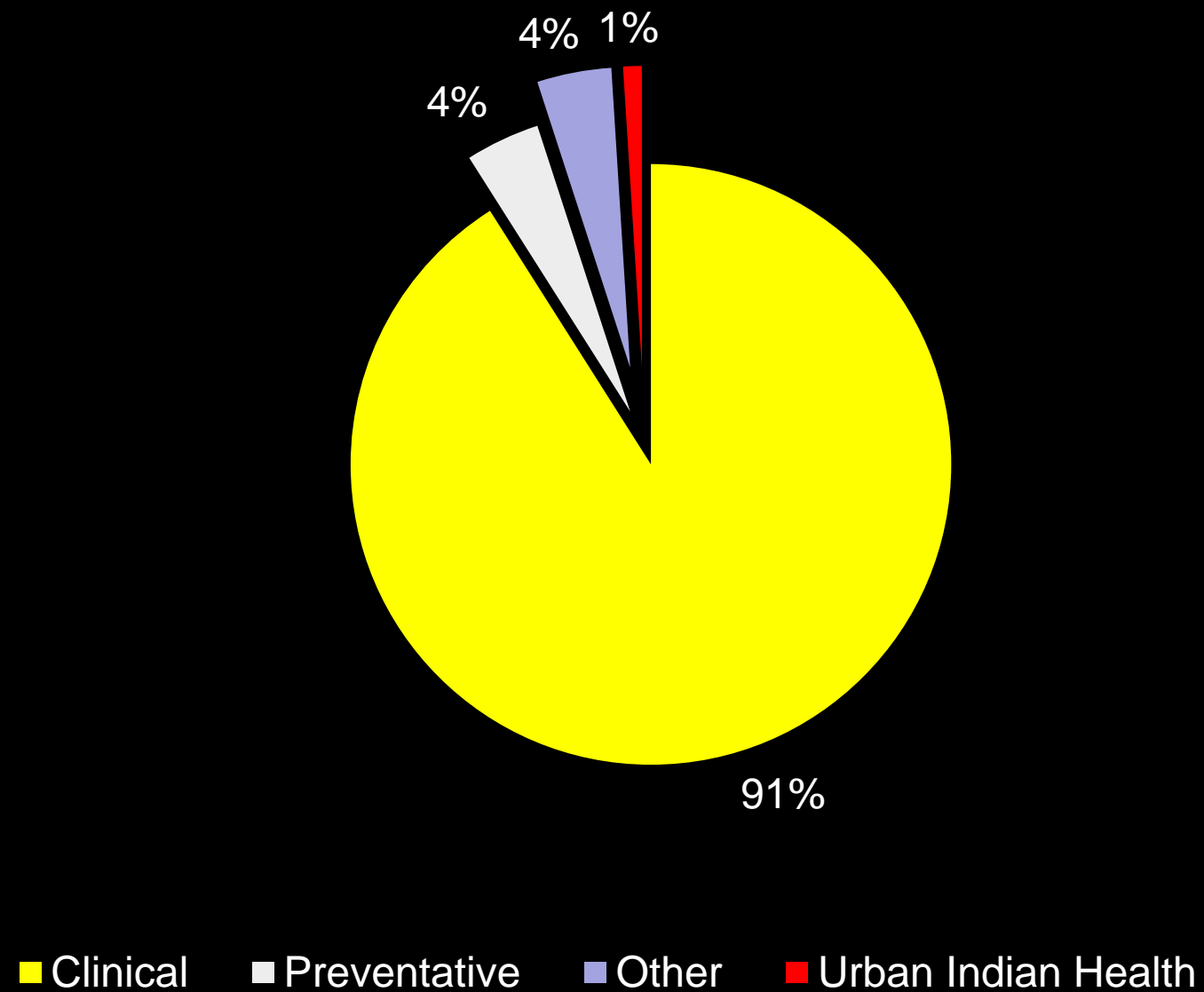
- 1950s – 1960s: B.I.A. relocated over 160,000 AI/AN to selected urban centers across the country.
- late 1960s: community leaders advocate for culturally appropriate health programs for AI/AN
- 1966: pilot UIHP in Rapid City, SD
- 1973: Congressional study of unmet needs in Urban AI/AN community in Minneapolis, MN > appropriate funding under Snyder Act of 1924
- 1976: Indian Health Care Improvement Act (PL.94-437)
- Title V: direct medical services, alcohol services, mental health services, HIV services, health promotion, and disease prevention services



Location of Residence (U.S. Census Bureau, 2010)



2016 Indian Health Service Budget



Urban American Indians



- 20.3% of Urban Indians live in poverty compared with 12.7% of urban population in general
- profound health disparities (DM, cancer, cardiac disease, **SA/ETOH abuse, mental distress**, etc.)

American Indians in Baltimore, MD (American Community Survey, 2010-2014)

- AI/AN alone: 7,076
- AI/AN in combination: 25,548
- 0.3% of total population
- AI/AN Under 25: 33.9%
- AI/AN Over 65: 9.9%
- Majority tribe(s): Cherokee*, Lumbee, Piscataway

** U.S. Census Bureau (2010), By Self-Report*



American Indians in Boston, MA (American Community Survey, 2010-2014)

- AI/AN alone: 7,617
- AI/AN in combination: 253,727
- 0.2% of total population
- AI/AN Under 25: 41.3%
- AI/AN Over 65: 8.1%
- Majority tribe(s): Cherokee*,
Wampanoag, Micmac

**U.S. Census Bureau (2010), By Self-Report*



Who We Serve

- citizens of federally recognized tribes
- enrolled members of state recognized tribes
- descendants of either above group

HIV/Hepatitis C/ STIs

CSAP: Johnson, et al. (2007,2008)

Risk Factors

- community disintegration
- pride, shame, & stigma
- urban lifestyle & peer influences
- socioeconomic disadvantage



Historical Trauma

- “the cumulative emotional and psychological wounding, over the lifespan and across generations, emanating from massive group trauma experiences,” (Brave Heart, 2008).
- “the loss of language and culture that has left so many Aboriginal people bereft of their unique place in the world. It is these disorientations and their psychosocial correlates ... that the term [historical trauma] was intended to capture,” (Gone, 2009).

“I think if I’d had stronger culture, we would’ve lived differently.”

“We would be better if we had those values. We would be stronger as a community.”

“When I was little I thought it was normal. My mom woke up with a beer. And I thought that’s what you did. I didn’t know. So maybe we need to show kids that they don’t need to do that.”

historical trauma



health demoting behavioral practices



poor somatic / BH / social outcomes

Program Philosophy

Decolonial Praxis

- “the intentional, collective, and reflective self-examination undertaken by formerly colonized peoples that results in shared remedial action” (Gone, 2009)
- retribalization: the bringing together of the tribal community for healing (Vernon & Thurman, 2009)

Program Philosophy

Decolonial Praxis



the struggle “to reclaim and regenerate one’s relational place-based existence by challenging the ongoing, destructive forces of colonization.”

- Jeff Corntassel

Culturally-Grounded Interventions:

- Disseminate accurate HP/DP information
- Connect community to trusted resources
- Support Native identity
- Promote community & cultural cohesion
- Increase resiliency

HP/DP Activities

National Native HIV/AIDS Awareness Day



HEALTH FAIR & ROUND DANCE

MARCH 31, 2018
5:00 – 9:00 PM



CHICK WEBB
REC CENTER
623 N EDEN ST
BALTIMORE CITY, MD

NATIVE HIV/AWARENESS DAY

- Free Health Screenings
- Free HIV/Hep C Testing
- Community health & wellness information booths
- Speakers: Native & Baltimore Health Leaders
- Giveaways & Raffles
- Indigenous Foods

Featuring Native Drum:
Uptown Boyz
&
Emcee: Dennis Zotigh

FREE & OPEN TO THE PUBLIC



BALTIMORE
CITY HEALTH
DEPARTMENT




For more information, to become a vendor or host
a booth, please contact keana@nativelifelines.com



Native Lifelines
100 West Clay Street
Baltimore, MD 21201
Phone (410) 837-2258

HP/DP Activities

Naloxone Training / Immunization Clinics



Native American LifeLines

Staying Alive:

Drug Overdose Prevention & Response

Wednesday, February 17, 2016
11am - 1pm
at
106 W Clay St
Baltimore MD, 21201

About 25,000 Americans die annually from opioid overdose. Between 2002 and 2013, the rate of those dying from opioid-related overdoses has nearly quadrupled.

Baltimore City Health Department staff will provide knowledge and training on:

- * The history of the Needle Exchange Program and the services it provides *
- * Good Samaritan Laws *
- * How to identify and overdose *
- * How to use Narcan to prevent death from overdose *

All participants will leave trained and able to administer Narcan.

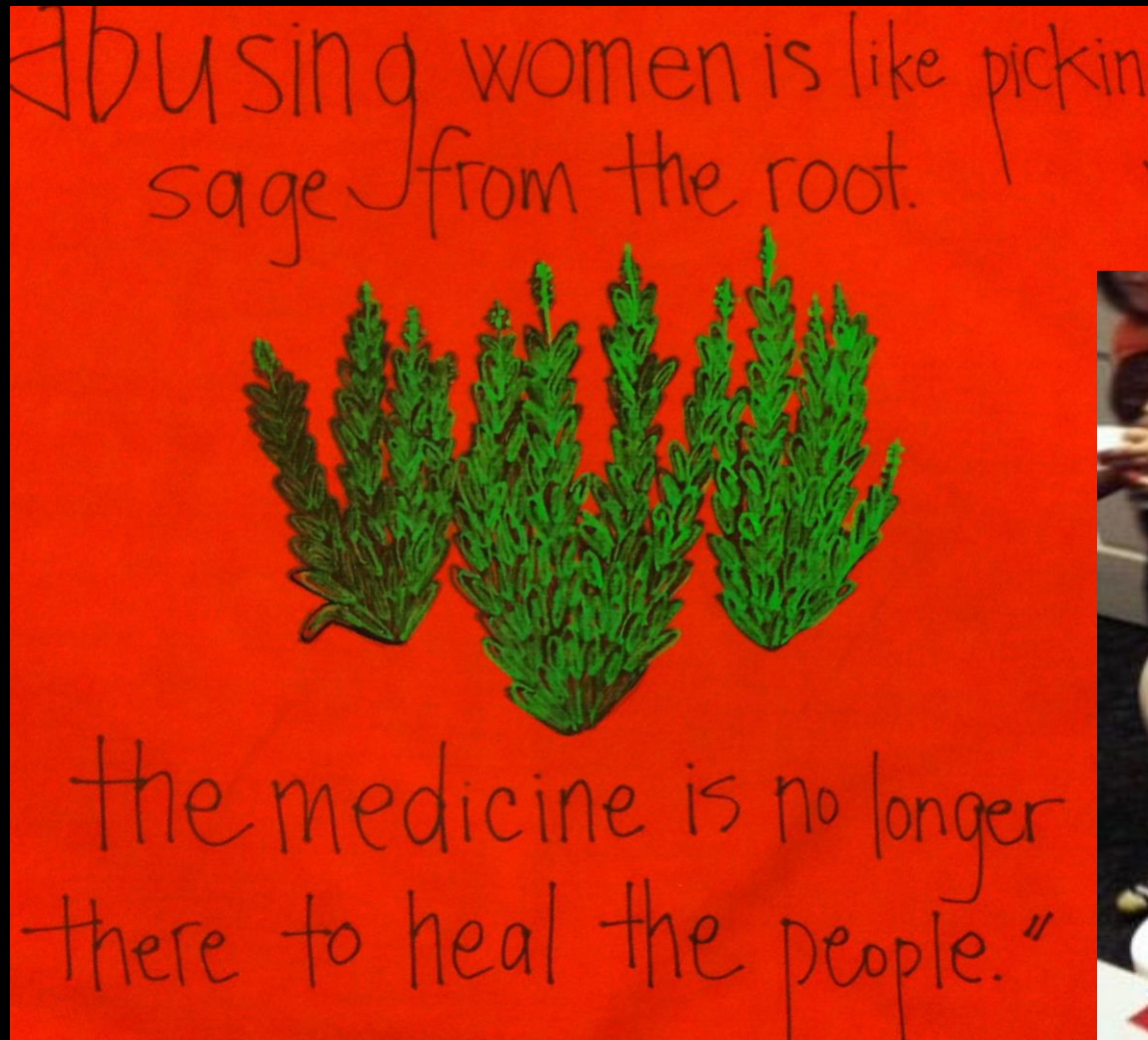
Naloxone, also called Narcan®, is a prescription medicine that can stop an overdose. Parents, relatives and friends can get it and give it to someone who is overdosing on heroin or other drugs like OxyContin® or Percocet®.

With naloxone it is easy to save a life. So, know the signs of overdose, learn how to administer naloxone, and Don't Die.



HP/DP Activities

Intimate Partner Violence / MMIWG



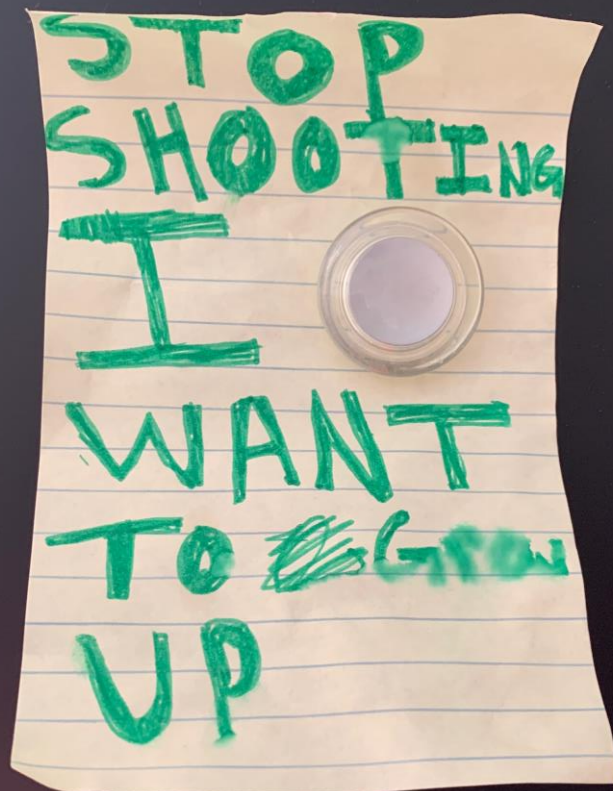
HP/DP Activities

Two Spirit Support



HP/DP Activities

Community Violence Prevention



HP/DP Activities

Food Sovereignty / Indigenous Diets



HP/DP Activities

Physical Activity / Obesity Reduction



HP/DP Activities

Elder Health



NATIVE AMERICAN LIFELINES OF BOSTON

Elder Health Program

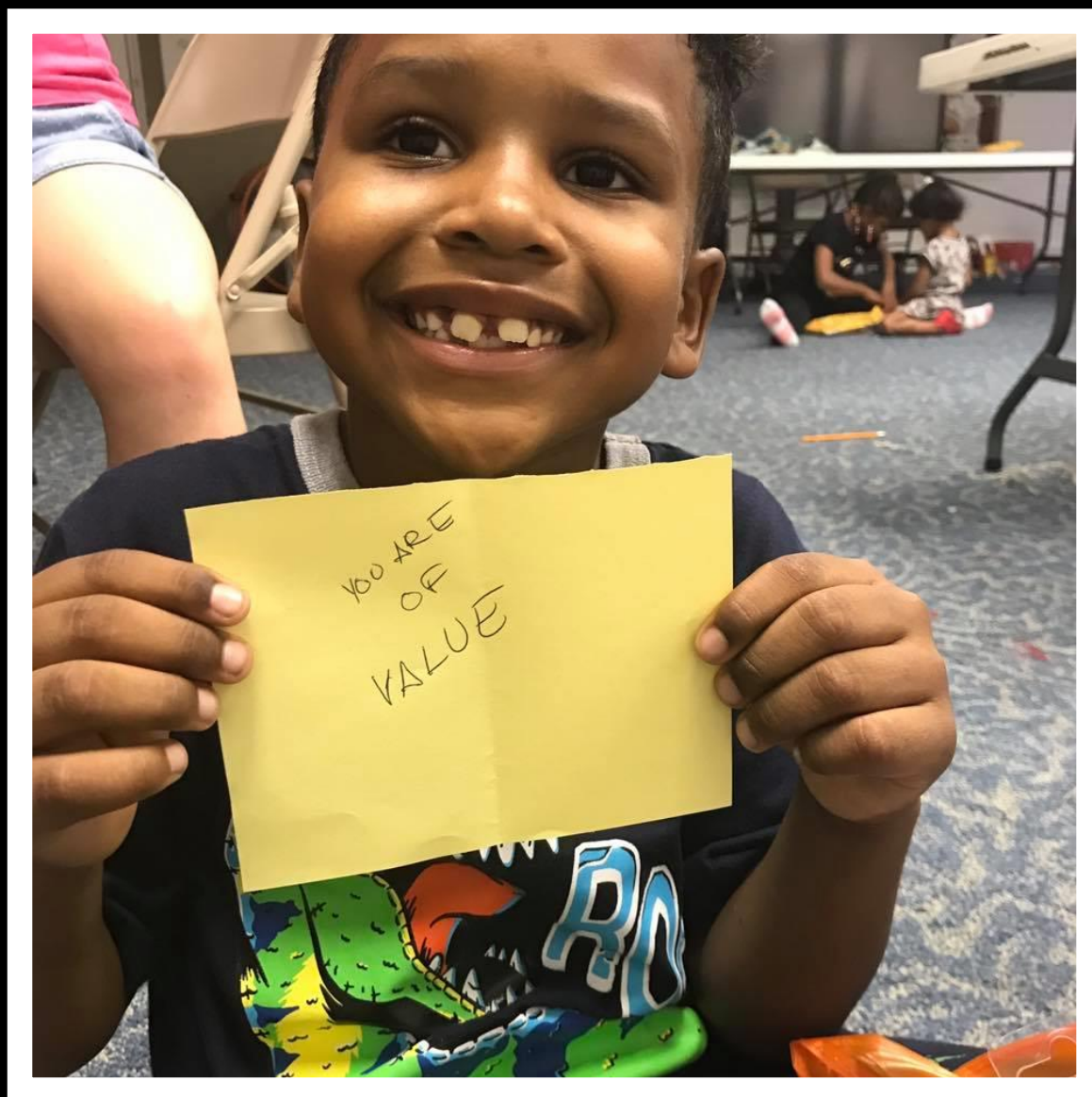
Join us for the health program!

JULY 24, 2019 • 11 A.M.
2077 CENTRE STREET
WEST ROXBURY, MA 02132

Make your health always your priority.
Participate in Elder Health's exciting activities
and take steps towards a better lifestyle!

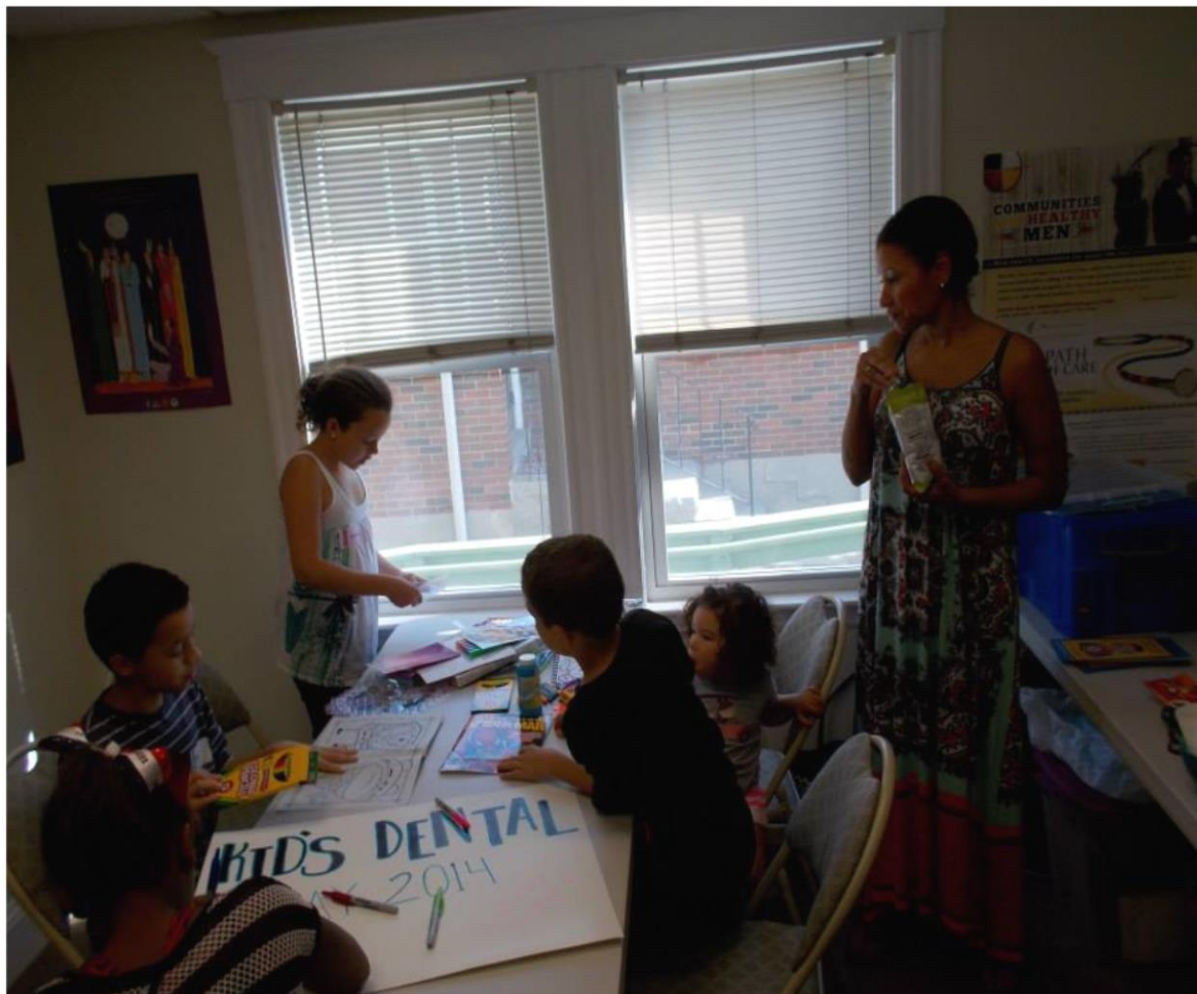
HP/DP Activities

Youth & Families



HP/DP Activities

Oral Hygiene



HP/DP Activities

Boarding School Memorials



Outcomes



promoting
healthful living

Outcomes

remembering
our ways



Outcomes



promoting
sobriety

Outcomes

strengthening
indigenous
identity



Outcomes



strengthening
families

Outcomes

strengthening our
community







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