



# MHA Nation Central Intake Model (CIM)

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Fort Berthold Indian Reservation. Map shows the communities existing on the Fort Berthold Reservation before the construction of Garrison Dam.

- Sanish
- Van Hook
- Shell Creek
- Independence
- Lucky Mound
- Charging Eagle
- bowoods
- Red Butte
- Beaver Creek
- NISHU
- Old Fort Berthold



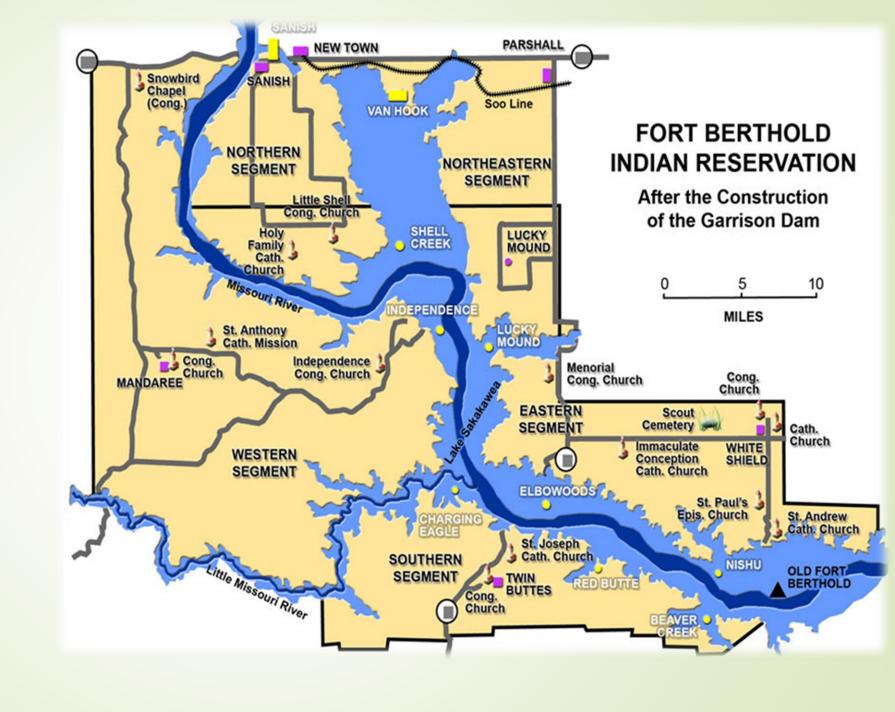


May 20, 1948 — Chairman George Gillette Weeps

"We will sign this contract with a heavy heart ... With a few scratches of the pen, we will sell the best part of our reservation. Right now the future doesn't look too good to us."

Chairman George Gillete of the Mandan, Hidatsa, and Arikara Nation and the Business Council witnessing the sale of 155,000 acres of land for the Garrison Dam and Reservoir.

- The Fort Berthold Indian Reservation Today. The Map shows Lake Sakakawea and the inundated communities after the construction of Garrison Dam.
- The Garrison Dam in the 1940s and constructed in the 1950s, has had the greatest impact on Forth Berthold Indian.



The highway 8 led to the town of Elbowoods and "the original Four Bears Bridge" which was the only crossing over the mighty Missouri River,

In 1953, Garrison Dam was completed, and the Missouri River Valley became lake Sakakawea.

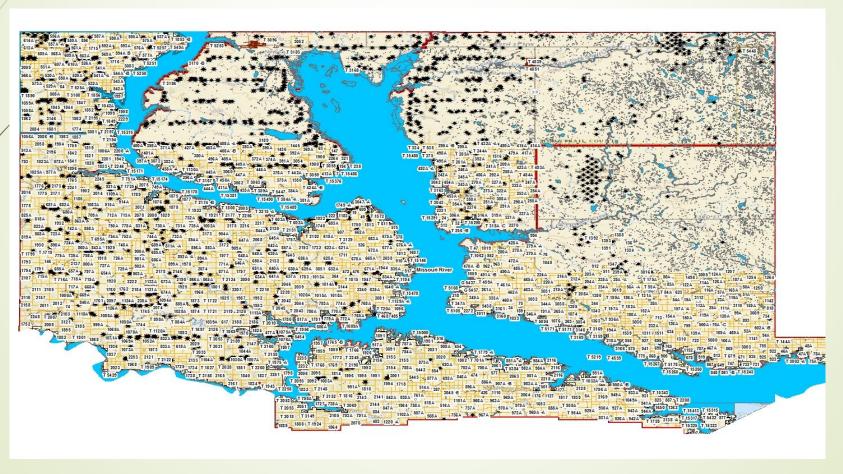
Where you once would have been able to cross the Missouri River here and visit someone on the other side in just a few minutes, the drive is now an hour or more in many places due to the size of the lake and the required drive around the east or west ends.



Photo: The lost highway 8 originally would have continued down into the Missouri river valley (the bottom lands of Elbowoods.) July 2018

### Ft. Berthold Reservation

Ft. Berthold is approximately 900,000 acres with six (6) segments or districts with 16,347 enrolled members. Ft. Berthold also includes six (6) counties.



#### **On-Reservation**



#### Off-Reservation



# Basketball Water and Lost City of Elbowoods

- The 1942 Elbowoods High School basketball team made it to the North Dakota State Class B championship game, but they lost in a bizarre twist that resulted in a 60-year effort to right a wrong. "Basketball, Water and the Lost City of Elbowoods" relives the excitement of that basketball team and the title game controversy, and it examines the fate of the team's hometown—which was sacrificed after the Garrison Dam was constructed in 1953 and is now covered by Lake Sakakawea.
- Prairie Public
- Published on May 20,2019
- https://www.youtube.com/watch?v=-JUQgtQ-6YU&feature=youtu.be

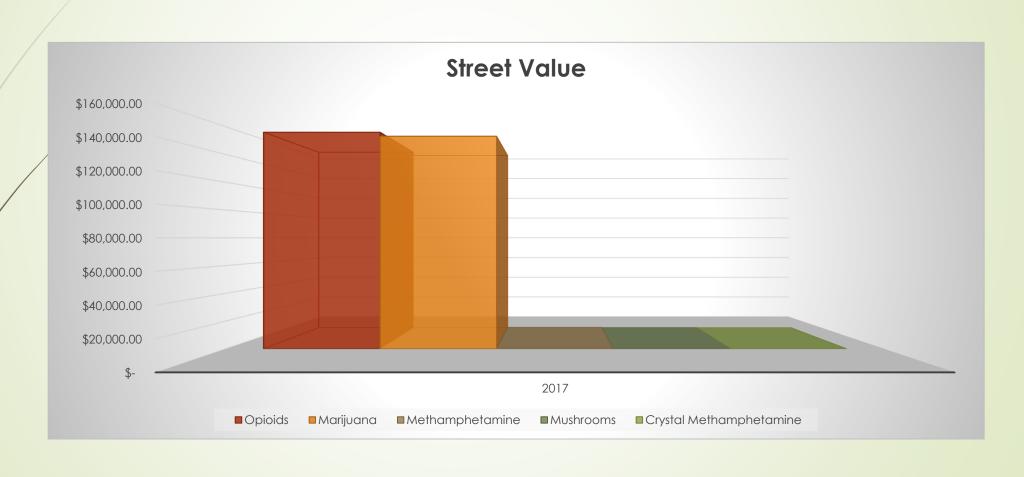
## Trauma: Loss of Identity

- Loss of land base: How much was taken by the Government?
- Loss of homes: people had just hours to pack up and leave their ancestral homes.
- Loss of purpose and direction: Where to work, what to do for livelihood?
- Loss of Hope: Emotional Pain is so great, our people have been vulnerable to substance use for any years.

# Drug Seizures on Ft. Berthold Reservation



# Drug Seizures on Ft. Berthold Reservation



# Drug Seizure on Ft. Berthold Reservation



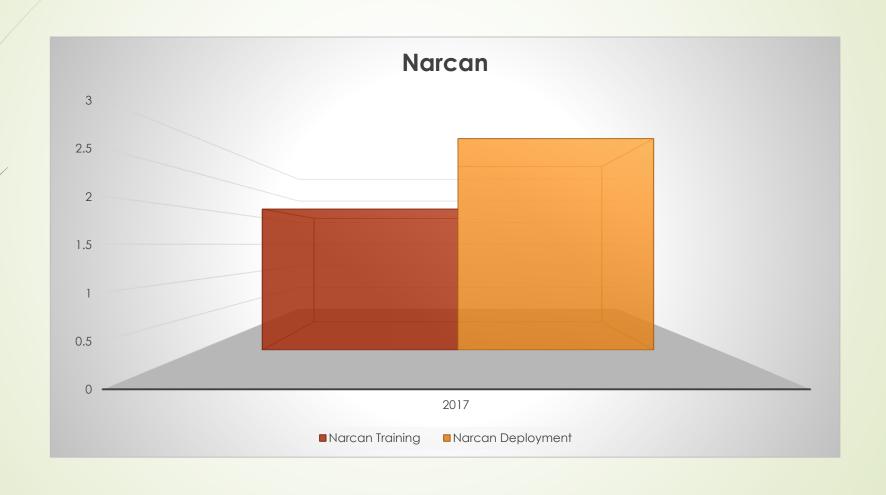
### Wellness Coalition

- Chairman Mark Fox recognized the need for direct involvement in aiding families with residential treatment services.
- Program services were fragmented among several providers in the community, the lack of tracking throughout the continuum of care resulted in members "falling through the cracks".
- In the Spring of 2018, Chairman Mark Fox designated a workgroup to integrate and streamline processes to enhance treatment services for tribal community members.

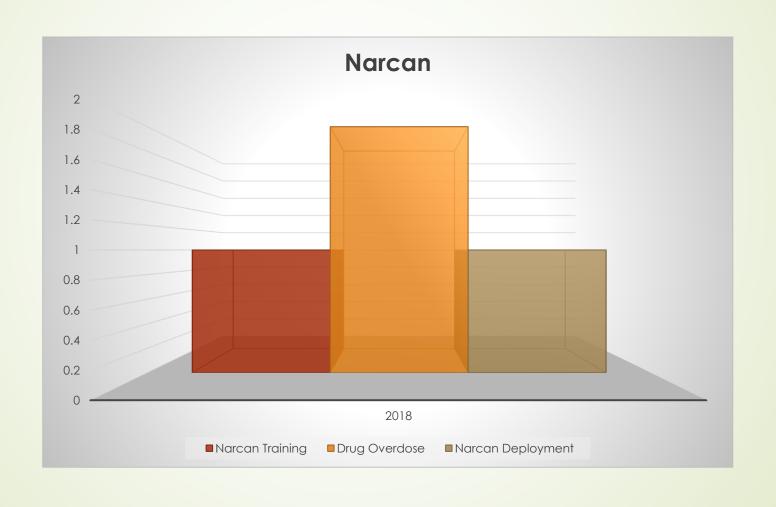
### Wellness Coalition

- June 20-21, 2018 was the first meeting.
- July 2018, Wellness Coalition Charter developed.
- September 20, 2018 Coalition Charter was approved by full Tribal Business Council.
- October 2018, election of Wellness Coalition Officers.

# Narcan Deployment



# Narcan Deployment



# Narcan Deployment



#### **CIM** Flow of Services

Individual needing behavioral health services (substance use and mental health

services)

#### 1. Referral Points (Wellness Coalition Members)

- a.COL
- b. Courts
- c. Justice Center
- d. Individual
- e. Family

- f. Social Services
- g. Domestic Violence
- h. Tribal Government
- i. County jails
- j. Tribal, Federal, and State Probation





### CIM



#### 2. Entry Point - Central Intake Center (CIC)

- a. Clinician will conduct a comprehensive assessment (face-to-face or telebehavioral) and make recommendation for the level of care needed
- b. A Peer Specialist will assist the individual in navigating the system along with the Case Manager.
- c. A Case Manager will find programming at the level of care recommended, arrange transportation, coordination of benefits (Medicaid/insurance), and other case management duties.
- d. All information is entered into the shared RPMS/EHR and tracked. (Which is part of the integration process between Medical and Behavioral health.)

With court-involved individuals such as Wellness Court candidates or individuals on civil committals:

- a. Upon completion of a Comprehensive Behavioral Health assessment, a summary report and recommendation by the clinician is provided to the Courts.
- c. The Court Order may be based upon this treatment recommendation.



CIM



#### 3. Treatment Services

- a. Interim Care in the event that residential placements are unavailable at the moment, interim
  care services which may include individual and group sessions will be provided to the individual.
- b, Detox social and medical (this requires a referral out)
- c. Outpatient Services
- d. Residential Services

#### 4. Continuing Care Services

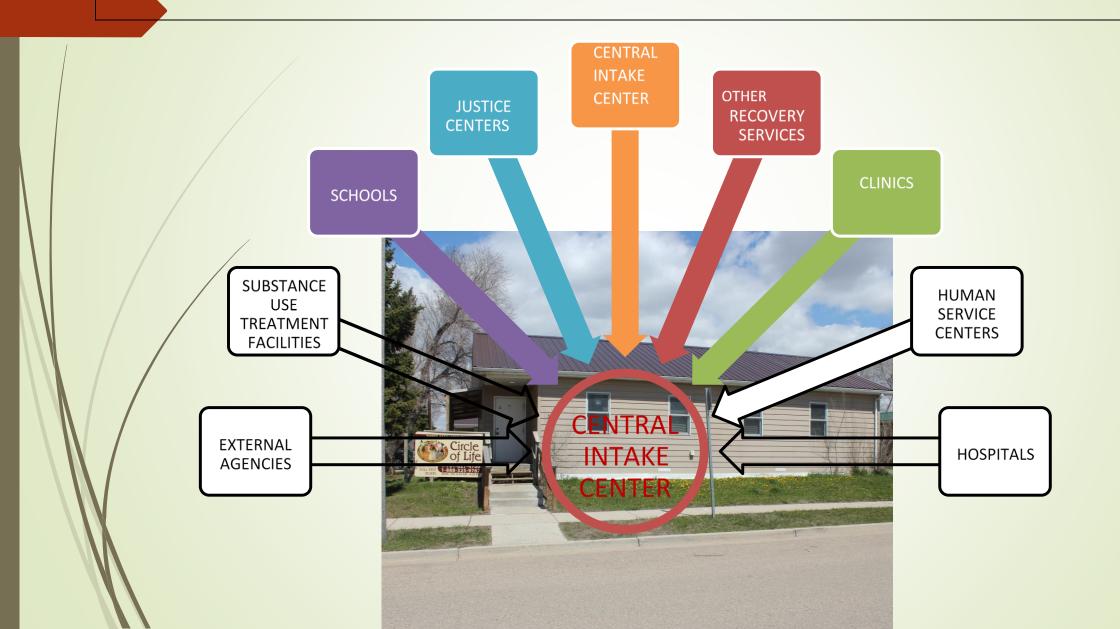
Case Manager and Peer Specialist will follow the individual throughout the Continuum of Care which includes:

- a. Transitional Living
- b. Community Support
- c. 12 Step Fellowship (NA/AA), Recovery Center (The Door), Wellbriety
- d. Family Services: Al-Anon, Ala-Teen, Parents of Addicts, Education Forums,

#### 5. <u>SUCCESS/Follow-up</u>

Individuals shall be tracked for 12 months post discharge to determine their on-going Quality of Life

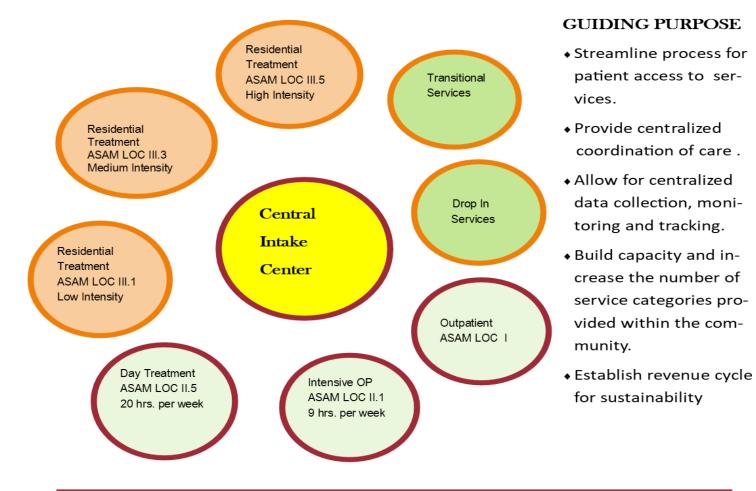
### Central Intake Model



# CIRCLE OF LIFE BEHAVIORAL HEALTH (BH)

(Central Intake Center)

- ASAM Comprehensive Bio-psycho-social assessments
- Case Management
- Referral to appropriate
   ASAM recommended
   Level of Care (LOC) treatment services.
- ◆ Coordinated BH services in the community: Drop In Center, Equestrian Services, Transitional Healing Lodge, Peer Support Specialists, Tribal College, Schools, Social Services, 12 Step and other Self-Help services
- Tele-BH assessments and screening as needed.



CENTRAL INTAKE MODEL
CONTINUUM OF CARE

### MHA Wellness Charter

- **Statement of purpose:** ... enable our tribal professionals and directors with the tools and resources that are required to be able to efficiently execute the Council's will to take an aggressive stance on substance use and mental health disorders (behavioral health) and its impact on the People of the MHA Nation.
- Responsibilities of the Coalition: Evaluate the effectiveness of treatment services being provided, through collection of data from membership agencies.
- Membership: agencies outlined in previous slides
- Accountability: monthly meetings
- Communications: meeting minutes and quarterly reports to Council.
- Annual Goals and Objectives: \*\*
- Operational Model: Central Intake Model

### CIM



One of the first year Goals stated in the MHA Wellness Charter was "Establish an effective and efficient process for individuals needing treatment services from intake to follow-up based upon a monthly and quarterly metric.