Governor Cooper and members of the COVID-19 Task Force held a press conference today (March 10) at 12:00 PM to make important announcements about COVID-19. Based on the escalation of cases reported in North Carolina and across the US as well as the advice of health experts, business leaders and Emergency Management, North Carolina is taking steps to help slow the spread of COVID-19 and to protect those most vulnerable/at-risk—those who are 65 years or older, individuals with underlying health conditions, or those with weakened immune systems. Today’s announcements include: (1) declaring of state of emergency; (2) activating the state emergency operation center; (3) marshalling additional state resources; and (4) issuing a series actions and recommendations for the entire state (and some specific to the Triangle area) regarding large gatherings and public events, visitation policies at congregant living sites, alternate work arrangements and travel.

Statewide recommendations are listed below.

- **Congregate Living Facilities**: NC DHHS recommends that all facilities that serve as residential establishments for high risk persons described above should limit visitors and restrict all visitors who have respiratory illness or potential exposure to COVID-19. These establishments include nursing homes, independent and assisted living facilities, correctional facilities, and facilities that care for medically vulnerable children.

- **Mass Gathering or Large Community Events**: NC DHHS recommends that event organizers:
  - Urge anyone who is sick to not attend.
  - Encourage those who are at high risk, described above, to not attend.
  - Adopt lenient refund policies for people who are high risk.
  - Find ways to give people more physical space to limit close contact as much as possible.
  - Encourage attendees to wash hands frequently.
  - Clean surfaces with standard cleaners.

- **All Travelers**: NC DHHS recommends that all travelers returning from countries and US states impacted by COVID-19 follow DHHS guidance on self-monitoring.

- **Schools**: NC DHHS is NOT recommending pre-emptive closure of schools and childcare centers at this time.

To read these recommendations in full, click [here](#).
To read the Executive Order, click [here](#).

As this situation is rapidly evolving, please look towards reliable sources of information for timely updates like [NC DHHS](#) or [CDC](#).

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**Subject:** COVID-19 Guidance list and updated Coronavirus fighting products list
All,

Here is some more guidance/resources that I wanted to make sure that you all are aware of:

- Updated Novel Coronavirus Fighting Products list. The list has been updated from when I sent it out last -see attached https://www.americanchemistry.com/Novel-Coronavirus-Fighting-Products-List.pdf
- COVID-19 Guidance list- Please review this document for the latest guidance recommendations from CDC.
- NC Information for Healthcare Professionals and Local Health Departments https://epi.dph.ncdhhs.gov/cd/coronavirus/providers.html
  - Information includes
    - Basic Info about COVID-19
    - Individuals and Families
    - NC Response
    - Testing
    - Colleges, Schools, and Child Care
    - Business and Employers
    - Health Care Providers
    - Long-term Care Facilities
    - Travel
    - Stigma
    - Community Events
    - Print Materials and Resources