



Resources for Parents and Caregivers

How to talk with children about the coronavirus

- CDC: [Talking with children about Coronavirus Disease 2019: Message for parents, school staff, and others working with children](#)
- National Child Traumatic Stress Network: [Parent/Caregiver Guide to Helping Families Cope with the Coronavirus Disease 2019 \(COVID-19\)](#)
- National Association of School Psychologists: [Talking to Children About COVID-19 \(Coronavirus\): A Parent Resource](#)
- New York Times: [Talking to Teens and Tweens About Coronavirus](#)
- National Public Radio: [Just For Kids: A Comic Exploring The New Coronavirus](#)
- PBS Kids: [How to Talk to Your Kids About Coronavirus](#)
- Sesame Street: [Talking to Children About COVID-19](#)
- Substance Abuse and Mental Health Services Administration (SAMHSA): [Talking with Children: Tips for Caregivers, Parents, and Teachers During Infectious Disease Outbreaks](#)
- CDC: [Tips to keep children healthy while school's out](#)

How to keep kids busy and keep yourself calm

- 4/28 Washington Post: [The ultimate parents' guide to education and activity resources](#)
- 4/15: [Family Fun While Staying Home](#)
- [Sesame Street](#)
 - [Weekly activity ideas to play and learn with your kids](#)
 - Hundreds of free, Sesame Street eBooks from [Apple](#), [Google Play](#), [Kobo](#), and [Nook](#)
 - [Self Care for Parents](#)
 - [Routines During "The For-Now Normal"](#)
- Common Sense Media: [Resources for Families During the Coronavirus Pandemic](#)
Navigate social distancing and school closures with quality media and at-home learning opportunities for your kids.
 - [Help Your Family De-Stress During Coronavirus Uncertainty](#)
 - [Movement Apps, Games, and Websites](#)
 - [Apps to Help with Mental Health](#)
 - [What online learning resources are available to supplement my homeschooling?](#)
 - [Free Educational Apps, Games, and Websites](#)
 - [17 Apps to Help Kids Stay Focused](#)
- [PBS Kids](#)
 - [Molly of Denali](#)
 - Is your child's school closed due to coronavirus concerns? PBS KIDS' new weekday newsletter offers activities and tips you can use to help kids play and learn at home. [Sign up here!](#)
- We Are Teachers:
 - [8 Student Activities for Learning About the 2020 Census](#) – While we're all doing our part to flatten the curve, take a moment to count your family in the 2020 Census!
 - [This Principal's List of Things to Do During COVID Closures Is Going Viral for All the Right Reasons](#) – Choose one activity a day to get you through the next six weeks.
 - [Free Online Learning Resources](#)
 - [Easy Hands-On Activities Families Can Do At Home \(Teacher Approved!\)](#)



- [18 Best Podcasts for Kids in Elementary, Middle, and High School](#)
- [60+ Awesome Websites for Teaching and Learning Math](#)
- [20 Educational Games and Activities Kids Can Do With Alexa](#)
- [30 of Our Favorite Educational Shows on Amazon Prime](#)
- [30 Great Educational Netflix Shows](#)
- Motherly: [The 100+ best kids movies on Netflix, Hulu + Amazon Prime](#)
- Slate: [I Home-school My Kids—Here’s what keeps them occupied](#)
- Audible: [Free stories](#)

For as long as schools are closed, Audible is open. Starting March 20, kids everywhere can instantly stream an incredible collection of stories, including titles across six different languages, that will help them continue dreaming, learning, and just being kids.
- Virtual Art Exhibit Tours:
 - [The Louvre](#) – Free online tours are offered for three of their most popular exhibits.
 - [Georgia O'Keefe Museum](#) – Six virtual exhibits are available online.
 - [Space Center Houston](#) – Download their app and try some ‘augmented reality experiences’
 - [Detroit Institute of Art](#) – Four online exhibits, including two focused on Frida Kahlo
- Virtual Museum Tours:
 - [Smithsonian National Museum of Natural History](#) – You can move at your own pace through a 360-degree room-by-room tour of every exhibit in the building!
 - [Vatican Museum](#) – Includes the Sistine Chapel and St. Peter’s Basilica.
 - [British Museum, London](#) – Includes the Rosetta Stone and Egyptian mummies.
 - [NASA](#) – Online tour of the Langley Research Center
- Virtual Zoo/Aquarium Tours:
 - [New England Aquarium](#) - Each day at 11 a.m. ET, the aquarium's social media platforms include live videos, a behind-the-scenes look at animal care, and online visitors will find a special webpage on [neaq.org](#) to take a "virtual visit" to the aquarium.
 - [San Diego Zoo](#) - Livestreams of habitats all throughout the zoo.
 - [Atlanta Zoo](#) – Live Panda cam!
 - [Cincinnati Zoo](#) – They hold a daily Home Safari every day at 3:00pm ET on Facebook.
 - [Monterey Bay Aquarium](#) – It’s Shark Week every day with these live streams.
 - [National Aquarium](#) – Floor-by-floor tours of this famous Baltimore aquarium.
- Virtual Theme/National Parks:
 - [Walt Disney World](#) – There is a ton of content here! Virtually tour most of the parks (some of which include ‘rides’). You can also find plenty of unofficial YouTube ride along videos! Just search the ride you’re interested in on the YouTube search bar.
 - [LEGOLAND Resort Florida](#) – Check out multiple attractions throughout the park online, including The Great Lego Race and Miniland USA
 - [SeaWorld Orlando](#) – This virtual tour includes Discovery Cove and a ‘ride’ on their steel rollercoaster, Mako.
 - [Disney Hollywood Studios](#) – Start at 1:22 of this YouTube video to experience Disney’s newest ride: Star Wars’ Rise of the Resistance!
 - [Yellowstone National Park](#) – This virtual tour includes the Park’s canyons, hot springs, and Old Faithful, of course.
 - [Yosemite National Park](#) – Tour this stunning National Park – complete with sound – which includes the famous Mariposa Grove of Sequoias.



- The [Native Wellness Institute](#) is bringing uplifting messages, information, entertainment and tools to help your physical, mental, emotional and spiritual well-being. They will have programming for all ages and stages. LIVE each day at Noon Pacific on the [Native Wellness Institute Facebook page!](#)

Printable Activities for Kids

- All Ages
 - [Reading](#)
 - [Science](#)
 - [Math](#)
 - [Mazes, hidden pictures, connect the dots, color by numbers as well as some Spring printables](#) to keep the educational ball rolling!
- Pre-K
 - [Match the Numbered Pumpkins](#)
 - [Match the Sports Items](#)
 - [Stars & Planets: Word Search](#)
 - [Trace the ABC's](#)
 - [Clifford's Counting Activity](#)
 - [US Census Activity – How Many People Are in My Home?](#)
- GRADES 1-2
 - [Punctuation Practice with Ghostly Sentences](#)
 - [Kid-Friendly Jokes for Halloween](#)
 - [The Mitten Coloring Book](#)
 - [Fanciful Flowers: Activity Page \(Flower Labeling\)](#)
 - [Ms. Squid and the Homework Mess \(Guess and Check\)](#)
 - [US Census Activity – Creating and Taking a Survey](#)
- GRADES 3-5
 - [An Autumn Word Search](#)
 - [Finish the Story](#)
 - [Baseball and Birthdays](#)
 - [Great Vacations](#)
 - [My Weather Report](#)
 - [US Census Activity – City Planning with Census Data](#)
 - [US Census Activity – Where is Gina the Geographer?](#)
- GRADES 6-8
 - [How Much Do You Know About the Wacky USA?](#)
 - [Profit and Loss: Essential Business Math Skills](#)
 - [Impossible Balancing Acts](#)
 - [Fun Conversation Cards](#)
 - [Presidential Word Search](#)
 - [US Census Activity – Where Should I Live? Using US Census Bureau Data to Make Decisions](#)
 - [US Census Activity – Congressional Apportionment](#)
 - [US Census Activity – Diversity: Minority Entrepreneurship and the Economy](#)



Online and Downloadable Apps and Educational Resources

- The free [Google Arts & Culture](#) app gives access to 1,200 virtual museum exhibit tours
- [17 Apps to Help Kids Stay Focused](#)
- [Top 15 Android Apps for Kids to Download](#)
- [25-in-1 Educational Games HD for iPad](#)
- [The Best Educational Apps for Kids](#) from Parents.com
- [Word Games for All Ages](#)
- [Math Games for All Ages](#)
- Wirecutter: [Our Favorite Educational Apps and Learning Games for Kids](#)
- [Scholastic Kids](#)
- Other Educational Resources:
 - [Learning Resources for Kids](#)
 - [Space Projects](#)
 - [Educational Resources Activities](#)
 - [Online Education Classes](#)
 - [Free Daily Courses for Kids](#)
 - [Home Activities for Kids](#)
 - [Educational Websites](#)
 - [Parent and Kids Activities](#)