2019 Novel Coronavirus (COVID-19) is a respiratory illness. It is caused by a coronavirus. The COVID-19 outbreak started in Wuhan City, China and has since spread to many other countries. At this time, most people in the U.S. have a low risk of exposure.

Common Signs and Symptoms

- Fever
- Cough
- Shortness of Breath and Trouble Breathing

Symptoms begin 2 to 14 days after exposure to the virus. Reported illnesses range from mild to severe. Severe illness can cause pneumonia, kidney failure and death.

Call your healthcare provider if you have symptoms. Tell them about any recent travel and if you had contact with a known case. If you need medical care, please call the Tribal Health Center BEFORE you arrive.

Spread of COVID-19

- The virus spreads mainly from person to person. This happens when an infected person coughs or sneezes and can infect others within 6 feet of them.
- Current evidence suggests that novel coronavirus may remain viable for hours to days on surfaces made from a variety of materials.

You should wash your hands for at least 20 seconds. Use an alcohol-based hand sanitizer with at least 60% alcohol if soap and water are not available. If you have the above symptoms, you should call the Passamaquoddy Health Center BEFORE you arrive.

For More Information