



Behavioral Health and Community Engagement

USET understands that the COVID-19 pandemic has unexpectedly delayed, hindered, and disrupted our daily lives. During this challenging time, it is important to focus on effectively managing our stress, practicing self-care, staying engaged, and continuing to identify appropriate avenues to come together as a community. To support your efforts, USET would like to provide funding to assist with activities that promote cultural connectedness by engaging the community during the COVID-19 pandemic.



Cultural Concentration

This program's scope is to provide additional funding to develop a new or support an existing cultural program in your community. Practicing traditions is one of the most foundational ways to stay connected to each other. Funding will support the cost of materials, promotion, implementation, etc.



Artistic Expression Initiative

This program's scope is to provide stipends to youth from ages 9 to 20 who submit a hand-drawn image. What brings you joy, makes you feel connected to your culture, what defines you or tells your story? Draw it! All approved submissions will be published in a customized Indigenous coloring book inspired by you!



Behavioral Health Through a Youth Lens

The scope of this program is to work with youth to develop a one-minute (or less) video on the connection between behavioral health and community. The most critical aspects of a community are connection and unity with one another. These elements are essential because they provide a sense of identity, belonging, and the ability to socialize. This program will provide a youth's perspective on the importance of community and its effect on an individual's wellbeing.

Interested in learning more? [Register](#) for an informational webinar that will take place on November 16.

Questions? Contact Katelyn Crutchfield at kcrutchfield@usetinc.org or 615-495-5115.