



HOME BASE INTENSIVE CLINICAL PROGRAM

HOMEBASE.ORG/ICP

THE ICP INCLUDES:

- ★ Comprehensive Evaluation
- ★ Daily Individual Treatment
- ★ Substance use services
- ★ Therapy Skills Groups
- ★ Stress Reduction and Resiliency
- ★ Support & Education for a Loved One
- ★ Integrative Therapies such as Fitness, Nutrition, Yoga, Art & Tai Chi
- ★ Recreational Activities
- ★ Medication Management

For questions or to begin the admissions process:

Call: 617-724-5202

Visit: www.homebase.org/connect2care

A TWO-WEEK PROGRAM OPEN TO VETERANS ACROSS THE NATION SUFFERING FROM INVISIBLE WOUNDS.

Home Base's Intensive Clinical Program (ICP) is an outpatient treatment program that combines evidence-based therapy with complementary and alternative medicine in a concentrated fashion. Patients receive roughly 70 hours of individual and group therapy.

What would normally take up to a year in a traditional course of treatment is condensed into a two-week program, allowing Veterans who are dealing with invisible wounds to be put on a path of success that will complement their ongoing care in their hometowns.

WHO IS ELIGIBLE?

Any Service Member or Veteran seeking help for PTSD or TBI is considered, regardless of discharge status, time in service or deployment history. We also offer services and support to those struggling with substance use.

HOW MUCH DOES IT COST?

Treatment, basic food, lodging, and transportation expenses are covered for a participating Veteran and one accompanying support person if applicable. Insurance, if you have it, will be billed, but co-payments and remaining balances after insurance payments for services provided in the ICP are covered.

WHAT WILL BE THE PLAN FOR CARE?

Veterans work with their treatment team to determine an individualized treatment plan. Our therapists are experienced in delivering the PTSD treatments that have most consistently been shown to help.

IS FAMILY INCLUDED?

Family Members and support people are an integral part of the healing process and will be encouraged to participate in program offerings. They will also be provided with their own education and support opportunities.

