



Household Poisoning Prevention

Poisoning is when a toxic substance makes you sick. Household poisoning is most often accidental and sudden. Call Poison Control, go to the nearest emergency department, or call 9-1-1 depending on the severity.

POISON CONTROL: 1-800-222-1222

KNOW while you GO:

- Know the amount and type of substance and bring the container or label with you if you can.
- Know the approximate time you were exposed and how long you were exposed
- Know how you were exposed (ex. skin or eye contact, ingestion)

Household Prevention Tips

Medicine

- Keep all medication out of children's reach.
- Keep medications in their original containers.
- Never share prescription medicines.
- Keep a medication journal if you cannot remember, so you do not take the same medication twice.

Household Products

- Always follow instructions on cleaning products. Never mix cleaning products or chemicals.
- Keep all chemicals in a locked cabinet or out of children's reach.
- Keep all products in their original containers, with the original safety labels.
- Keep all laundry products locked up, high, and out of children's reach.
- Do not use bleach on food products.
- Avoid using household cleaners and disinfectants on hands or skin improperly.
- Ensure children do not have access to button batteries, especially 20mm lithium coin cell batteries. This can burn a hole in the esophagus within two hours.

Nature

- Know what poisonous animals live in your area and wear proper clothes outdoors.
- Check the label on any insect repellent. Be aware that most contain DEET, which can be poisonous in large quantities.
- Be able to identify poisonous plants in your area, especially mushrooms.