

# Using Logic Models for Program Planning & Evaluation for Tribal Agencies

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## Mission

To improve the health of racial and ethnic minority populations through the development of health policies and programs that will help eliminate health disparities.

## **History**

 The Office of Minority Health Resource Center (OMHRC) was established in 1987 by the new Office of Minority Health at HHS as one of its initial efforts to respond to recommendations of the Report of the Secretary's Task Force on Black and Minority Health (the Heckler Report, 1985-86).





A Nationwide service of the Office of Minority Health

# Office of Minority Health Resources Center Divisions



# **Presentation Objectives**

- 1. Explain the importance of creating specific, measurable, attainable, realistic and time-bound (SMART) objectives and logic modeling
- 2. Describe how to develop logic models for programs implemented by your tribal agency
- 3. Illustrate the application of logic models in planning and evaluation
- 4. Locate resources for creating logic models

## **An Intervention...**

- Is an action taken to improve a given situation or context
- Considers the social ecological framework

## **Socio Ecological Framework**



# **SMART Objectives**

- Specific
- Measurable
- Achievable
- Relevant/Responsive/Realistic
- Time-specific

## **How to Achieve Objectives**

Objectives can be...

- Educational (a.k.a. Intermediate)
- Behavioral
- Health-related

\*Objectives should align with outcomes and impacts of the logic model, but are more specific.

# **Aligning Objectives**

## **Educational Objective:**

 85% of participants in the Tribal Health Program will be able to name at least 5 foods low in saturated fats by the <u>fourth week</u> of the program.

## **Behavioral Objective**

 50% participants in the Tribal Health Program will reduce daily dietary intake of saturated fats to less than 35% of total caloric intake by the <u>third month</u> of the program.

## **Health Objective**

 35% of participants in the Tribal Health Program will reduce blood cholesterol to below 200 mg/l after <u>two years</u> of program implementation.

# **The Logic Model**

- A picture of your program: what you are putting into the organization, what you are doing, and what you are trying to achieve
- Clarifies the strategy underlying your program
- Builds common understanding, especially about the relationship between actions and results
- Communicates what your program is (and is not) about
- Forms a basis for evaluation

# **The Logic Model**

### **Program Goal:** Overall aim or intended impact

### Resources

The inputs dedicated to or consumed by the program

### Activities

The actions that the program takes to achieve desired outcomes

### **Outputs**

The measurable products of a program's activities

### Outcomes

The benefits to clients, communities, systems, or organizations

How?

Why? So what?

## The Logic Model: Different Looks, Additional Components

- Can be a graphic, table, flow chart, narrative
- Can also include information about assumptions, externalities/contextual issues, and/or behavioral theories (i.e. Health Belief Model, Social Cognitive Theory, Transtheoretical Model [Stages of Change])
- But, fundamentally, the logic model is a way to communicate what your program is about

# **Logic Model Example**

**Program Goal:** To improve the oral health of low-income Native children who receive primary care in a Tribal health center

### Resources

- Dental Clinic Coordinator
- Tribal Health Director
- Staff dentist
- Staff pediatrician
- Medical providers
- Money for supplies

## Activities

#### Training

- Develop curriculum for two one-hour didactic trainings to medical providers in oral health assessment
- One-on-one training to medical providers on oral health

Outreach

- Order dental supplies for packets
- Make up packets
- Distribute to parents at end of each visit

## Outputs

Training # of two-hour trainings held # of one-on-one trainings held # of medical providers trained

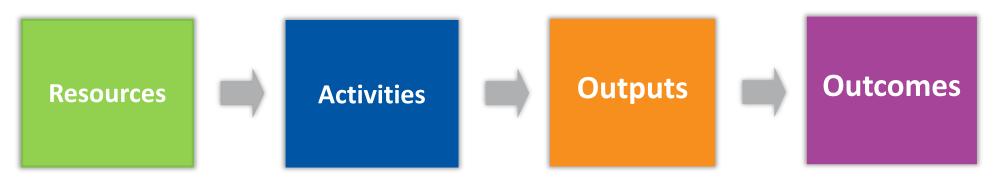
#### Outreach

# of parents and children receiving packets

### Outcomes

- Medical providers
   demonstrate accurate oral
   health assessment,
   education and prevention
   activities
- More children receive high-quality oral health assessment, education and prevention activities
- Parents/children are more knowledgeable about oral health and caring for children's teeth
- Reduced incidence of caries in children at the Tribal health center

## The Logic Model: A Series of "If-Then" Statements



Certain resources are needed to run your program IF you have access to them, THEN you can accomplish your activities

IF you can accomplish these activities THEN you will have delivered the services you planned IF you have delivered the services as planned, THEN there will be benefits for clients, communities, systems or organizations

## The Logic Model: Different Looks, Additional Components

## Main components of a logic model:

- Inputs (resources)
  - Human resources, partnerships, equipment, supplies
  - Materials, and community resources
- Outputs (activities)
  - ✓ Products, services, and infrastructure
- Outcomes (results or effects)
  - ✓ Short-term, mid-term, and long-term

# **Program Goal:**

## What is your overall aim or intended impact?

- To improve access to health care for 100 Native people with limited transportation from the reservation to the Tribal clinic in 6 months
- To improve oral health by reducing the incidence of cavities in 100 Native children ages 5-10 years old over the course of 12 months who frequent a Tribal community health center

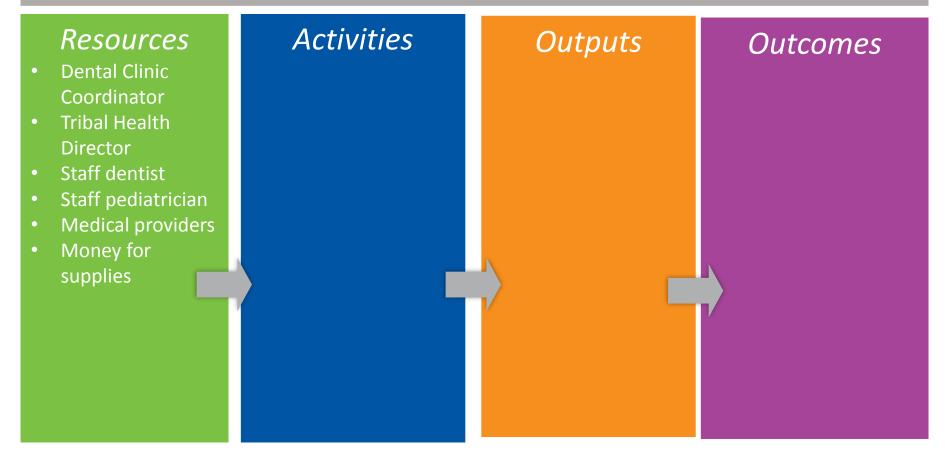


What inputs are dedicated to or consumed by the program?

- Human resources
- Facilities
- Equipment/supplies
- Partners
- Technology

## **Logic Model Example**

*Program Goal*: To improve the oral health (by cavity reduction) of 100 Native children ages 5-10 years old over a 12 month period who receive primary care in a Tribal health center



# **Activities:**

## What is the program doing?

- Outreach
- Training
- Consultation
- Staff Development
- Partnership Development

# **Activities:**

## Narrow components and expand details:

### Outreach

- Develop and distribute flyers
- Meet with community stakeholders/schools/parents
- Conduct focus group with target population
- Develop press packet
- Identify media contacts
- Send press packet out to media contacts

### Training

- Hire curriculum development team
- Develop training curriculum
- Recruit training team
- Recruit participants
- Provide training session

# **Logic Model Example**

**Program Goal:** To improve the oral health (by cavity reduction) of 100 Native children ages 5-10 years old over a 12 month period who receive primary care in a Tribal health center

#### Activities Resources Outputs Outcomes **Dental Clinic** Training Develop curriculum Coordinator for two one-hour Tribal Health didactic trainings to Director medical providers in Staff dentist oral health Staff pediatrician assessment Medical providers One-on-one training Money for to medical providers supplies on oral health Outreach Order dental supplies for packets Make up packets Distribute to parents at end of each visit

## **Outputs:**

What is the program producing?

- # of training workshops held
- # of participants attending each workshop
- # of partnerships formed
- # of policy briefings conducted
- # of press packets disseminated

# **Logic Model Example**

**Program** Goal: To improve the oral health of 100 Native children (by reducing cavities) ages 5-10 years old over a 12 month period who receive primary care in a Tribal health center

### Resources

- **Dental Clinic** Coordinator
- **Tribal Health** Director
- Staff dentist
- Staff pediatrician
- Medical providers
- Money for supplies

### Activities

#### Training

- Develop curriculum for two one-hour didactic trainings to medical providers in oral health assessment
- One-on-one training • to medical providers on oral health

#### Outreach

- Order dental supplies for packets
- Make up packets
- Distribute to parents at end of each visit

## Outputs

### Training # of two-hour trainings held # of one-on-one trainings held # of medical providers trained

Outreach # of parents and children receiving packets

### Outcomes

## Outcomes

What difference is the program making?

Outcomes are about change:

- New knowledge
- Increased skills
- Changed attitudes or values
- Modified behavior/practice
- Changed conditions

# Logic Model Example

**Program Goal:** To improve the oral health (by reducing cavities) of 100 Native children ages 5-10 years old over a 12 month period who receive primary care in a Tribal health center

### Resources

- Dental Clinic
   Coordinator
- Tribal Health Director
- Staff dentist
- Staff pediatrician
- Medical providers
- Money for supplies

### Activities

#### Training

- Develop curriculum for two one-hour didactic trainings to medical providers in oral health assessment
- One-on-one training to medical providers on oral health

#### Outreach

- Order dental supplies for packets
- Make up packets
- Distribute to parents
  - at end of each visit

### Outputs

#### Training

# of two-hour
trainings held
# of one-on-one
trainings held
# of medical providers
trained

### Outcomes

- Medical providers demonstrate accurate oral health assessment, education and prevention activities
- More children receive high-quality oral health assessment, education and prevention activities
- Parents/children are more knowledgeable about oral health and caring for children's teeth
- Reduced incidence of caries in children at the Tribal health center

### Outreach

# of parents and children receiving packets

## **Chain of Outcomes**

- Short term: are the most direct results of activities and outputs, generally achievable in one year.
- Intermediate: link a program's short-term outcomes to long-term outcomes.
- Long term: result from the achievement of short and intermediate term outcomes and often take a longer time to achieve.

# **Chain of Outcomes**

**Project Goal:** To improve the oral health (by reducing cavities) of 100 Native children ages 5-10 years old over a 12 month period who receive primary care in a Tribal health center

Activities Training	Outputs Training	Short-Term Outcomes	InterTerm Outcomes	Long-Term Outcomes
<ul> <li>Develop curriculum for two one-hour didactic trainings to medical providers in oral health assessment</li> <li>One-on-one training to medical providers on oral health</li> </ul>	<pre># of two-hour trainings held # of one-on-one trainings held # of medical providers trained</pre>	Medical providers demonstrate accurate oral health assessment, education and prevention activities	More children receive high- quality oral health assessment, education and prevention	Reduced incidence of caries in children receiving care from the Tribal health center
Outreach	Outreach	Parents/children	activities during well-child visits	
Order dental     supplies for packets	# of parents and children	are more knowledgeable		
<ul> <li>Make up packets</li> <li>Distribute to parents at end of each visit</li> </ul>	receiving packets	about oral health and caring for children's teeth		

# **Logic Model Resources**

- Online course on developing logic models and evaluation plans. Offered by University of Wisconsin, Extension and designed for the beginner. <u>https://fyi.uwex.edu/programdevelopment/logic-models/</u>
- W. K. Kellogg Foundation Logic Model Development Guide. Clear and concise discussion of the use of logic models. <u>https://www.wkkf.org/resource-directory/resource/2006/02/wk-kellogg-foundation-logic-model-development-guide</u>
- Logic Model Tools. A comprehensive list provided by the CDC. <u>https://www.cdc.gov/eval/resources/index.htm</u>
- Innovation Network's Workstation: an online workstation with evaluation and planning tools designed specifically for nonprofit organizations. <u>https://www.innonet.org/</u>
- Community Tool Box. <u>https://ctb.ku.edu/en</u>



# **Questions?**

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## **Contact Us**

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